



**CATHOLIC HIGH SCHOOL
REFLECTION DAYS**

HOPE FOR YOUNG AUSTRALIANS



W H O W E A R E

Youth Mission Team (YMT) Australia is one of our nation's leading high school retreat agencies and the service provided by YMT to schools is unique on a number of levels:

- YMT is the longest operating lay retreat team in Australia since commencing in 1986;
- YMT is authentically Australian, having originated from within the Australian Catholic education system;
- YMT programs have evolved over several decades resulting in a highly professional and effective engagement of students and school communities; and
- YMT offers not only a range of school-based seminars, reflection day and overnight retreat programs but also a network of inter-school follow-up activities including weekly youth groups, mentoring, school holiday camps and conferences. These follow-up options form part of a broader faith and character development pathway offered by YMT, referred to as the iSTAND Generation. For more information, visit ymt.com.au/iSTAND



O U R S C H O O L P R O G R A M S

provide students with

Some of the most valuable experiences in their secondary school years

A rare opportunity to explore issues deeply relevant to them

The opportunity to be empowered to make positive life choices

The ministry of YMT is at its best when it successfully complements the faith development already being provided by the school. Our experience has been that the most positive students outcomes are achieved when YMT operates in partnership with the staff.

YMT programs can be tailored to the specific needs of the students based on the teacher's knowledge of a given student group. This insight, combined with young, highly trained YMT facilitators, produces powerful and effective student outcomes.



OUR PROGRAMS AIM TO

1 ... provide students with a positive experience of retreat through programs designed to be fun, compelling and interactive.

2 ... encourage students to explore the relevance of the Gospel in the context of modern youth culture.

3 Through activities designed to promote reflection, to challenge students to consider how they view themselves, their relationship with others and God.

4 ... provide positive role models of young people playing an active role in the ministry of the Church.

5 ... encourage students to recognise their role as leaders in both the school/parish community and society.



OUR PROGRAM PHILOSOPHY

YMT school programs incorporate an effective balance of message-driven and process-driven content as well as targeting a wide range of learning styles, adding to the inclusive and engaging nature of every YMT program.

Each program employs a powerful combination of contemporary drama, multi-media, games, music, reflection activities and personal sharing.

YMT's approach is to relate to students, not as authority figures, but as peers and it's through this natural connection that students are encouraged to reflect on vital aspects of their own sense of identity, their relationships and life choices. This culminates in an invitation to students to make a decision to open their life to Christ.

OUR PROGRAM THEMES

Over the last 30+ years, YMT has developed and evolved a range of programs in response to contemporary youth culture and the changing needs of Catholic schools. While you have the option of nominating your preferred program theme, YMT also offers a range of highly relevant program themes that have a long-term proven record. Some of the standard programs themes you can select from include:

SELF-IMAGE

your intrinsic value

RELATIONSHIPS

how to build lasting friendships

PEER PRESSURE

being free to be you

LIFE CHOICES

what you need, what you want and what is right

LEADERSHIP

be empowered to serve

SOCIAL JUSTICE

making a difference

SEXUALITY

freedom & genuine respect

RESILIENCE

building your core strength

KNOWING GOD

and His belief in you



C O N T A C T U S

YMT NATIONAL OFFICE

Steve Toohey & Tim Fitzwilliam
Director & National Manager

P 02 4284 6600

M 0407 859 270 &
0408 209 946

E nationaloffice@ymt.com.au

YMT SYDNEY

M 0428 771 744

E sydney@ymt.com.au

PO Box 397

Baulkham Hills, NSW 2153

YMT PERTH

P 08 9202 6848

M 0417 637 040

E perth@ymt.com.au

PO Box 1118

Osborne Park, WA 6916

YMT MELBOURNE

P 03 9808 7613

M 0419 103 511

E melbourne@ymt.com.au

PO Box 72

Burwood, VIC 3125

YMT WOLLONGONG

P 02 4284 6600

M 0433 636 359

E wollongong@ymt.com.au

PO Box 254

Corrimal, NSW 2518

© YMT Australia 2018

 facebook.com/ymtaus

 [@ymt_au](https://www.instagram.com/ymt_au) and [#ymtaus](https://www.instagram.com/ymtaus)

 vimeo.com/ymtaustralia

ymt.com.au